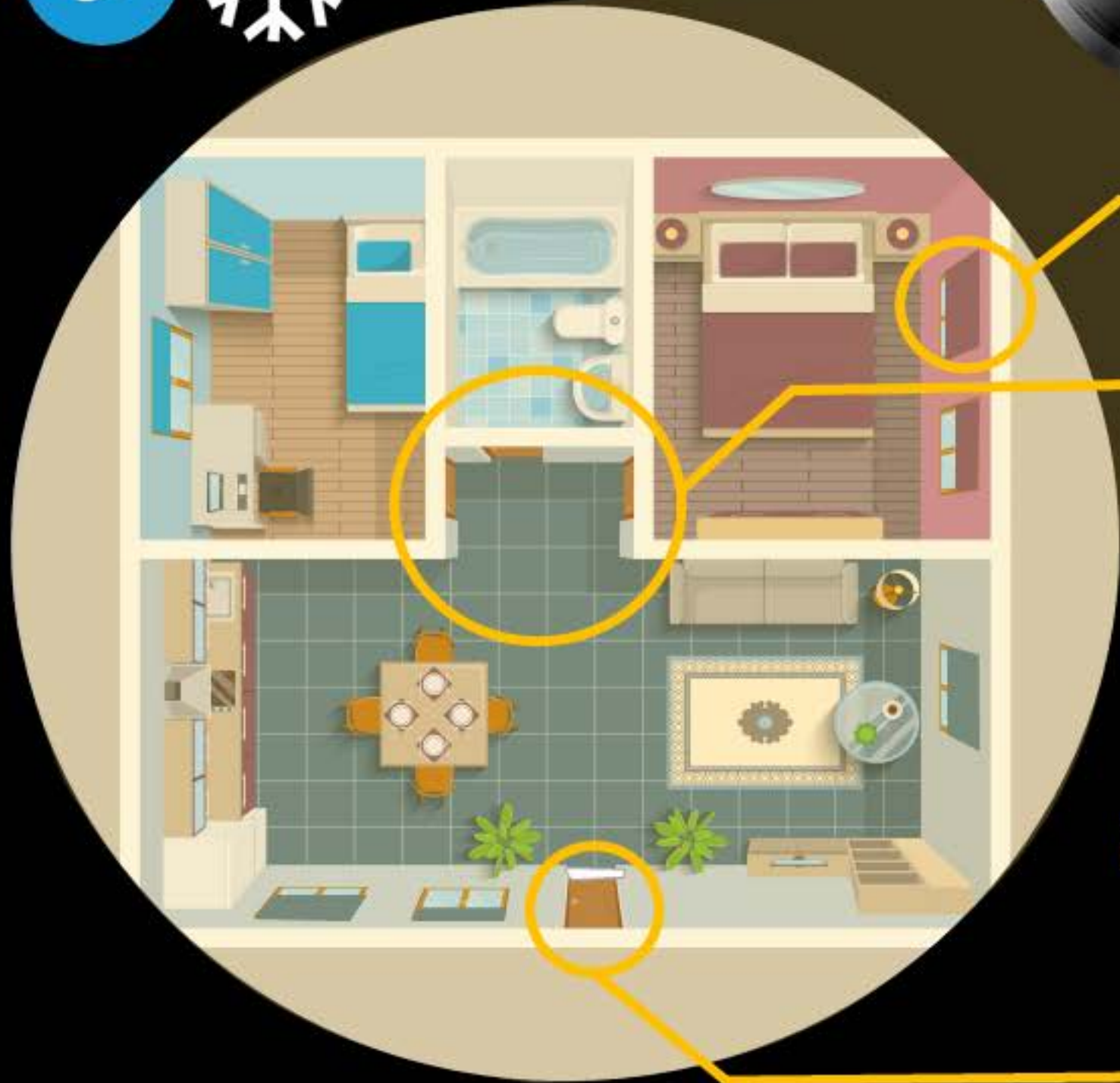




Staying **WARM** when the power is out



Close blinds or curtains to keep in some heat.

Close off rooms to avoid wasting heat.

Wear layers of loose-fitting, lightweight, warm clothing.

Eat and drink. Food provides energy to warm the body. Avoid caffeine and alcohol.

Stuff towels or rags in cracks under doors.

